

# **Our Present Help**

Text: Psalm 46:1

Pleasant Hill Baptist Church

Elkin, NC

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## **I. GOD SPEAKS TO US THROUGH PRAYER**

- (1) God promises to answer (*Ps. 91:15*)
- (2) Trouble motivates one to pray (*Ps. 77:2*)
- (3) God gives deliverance (*Ps. 50:15*)

## **II. GOD ASSURES US THROUGH HIS PROMISES**

- (1) God assures us concerning His ever-abiding presence (*Heb. 13:5*)
- (2) God gives assurance concerning His provision (*Phil. 4:19*)
- (3) God gives assurance concerning His protection (*Ps. 34:7; 125:2*)

## **III. GOD CALMS US WITH HIS PEACE**

- (1) God gives peace to those who know Him (*Jn. 14:27*)
- (2) God's peace is a supernatural peace that protects the heart and mind of the believer (*Phil. 4:6-7*)

## **IV. GOD ASSISTS US WITH HIS POWER**

- (1) God gives power (*Acts 1:8*)
- (2) God's power (strength) is available to all believers
- (3) This power (strength) is inexhaustible (never used up)

## **V. IN CONCLUSION**

- (1) If you believe in Jesus Christ, Jesus will help you through no matter what you encounter. Look up and reach out to Him. He will provide everything you need to carry you through.
- (2) Remember *Heb. 4:14-16*
- (3) God cares! Reach out to Him.